



Satir Model of Family Therapy 4-day Training Programme (Level I)

January 7–10, 2013

Organized by
Department of Psychology, Christ University

Supported by
Family Research and Training Institute, Urban India Ministries



CHRIST
UNIVERSITY
BANGALORE, INDIA

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Virginia Satir (1916-1988) is internationally recognized to be a pioneer of Family Therapy and Human Growth, and referred to as “everybody’s family therapist”. Virginia Satir, the founder of the Satir Growth Model, believed that counselling/therapy is an intense experience with the Inner Self. The counsellor/therapist helps and encourages the client / patient not only to accept and deal with their pain and problems, but also to accept and live an inner joy and peace of mind from their spiritual essence. This programme is for practicing counselors, therapists and the approach will be applicable to working with individuals, couples and families.

Programme Distinctiveness—Prepares counsellors and therapists to;	Training Leaders
<ol style="list-style-type: none"> 1. Learn to make contact and build rapport with clients to stimulate their healing energy. 2. Understand and incorporate the basic therapeutic belief system of the Satir model. 3. Use experiential process throughout their therapy sessions. 4. Surface and identify clients’ communication and coping patterns. 5. Prepare clients’ family of origin maps (genograms) and surface dysfunctional personal and family dynamics. 6. Sculpt relationships among family members and bring automatic coping patterns into awareness. 7. Transform clients’ problems into positively directional goals. 8. Learn the Satir process of therapeutic change. 9. Help clients access, accept and utilize their internal strengths and resources. 10. Help clients raise their self-esteem and increase their choice-making possibilities. 11. Map the internal processes of clients and help them access and change their behaviours, feelings, perceptions and expectations. 12. Help clients reduce the impact of past events and negative experiences. 13. Help clients integrate and maintain their changes. 14. Become more effective counsellors/therapists in using the Satir model. 	<div data-bbox="799 663 922 801" data-label="Image"></div> <p>Linda Lucas, LCPC, is a licensed clinical professional counsellor working as a therapist and clinical supervisor in an residential institution for adolescent females in Lewiston, Idaho. She has integrated Satir Transformational Systemic Therapy and Dyadic Developmental Psychotherapy (based in attachment theory) in her work with adolexcents. Ms Lucas is a former President of the Board of Directors of the Satir Institute of the Pacific and is currently on the board of directors as the Secretary to the Board. She is presently leading training programmes for counsellors and therapists in Canada, China, Hong Kong and Singapore. She has also been on the training team for programmes in New Zealand. Ms Lucas is a licensed mental health counsellor in Washington State (USA), a member of the Idaho Counsellors Association, and a clinical member of the Satir Institute of the Pacific. .</p> <div data-bbox="799 1227 922 1391" data-label="Image"></div> <p>Kathlyne Maki-Banmen, MA, RCC, has been training therapists in using Virginia Satir’s Systemic Therapy Model in various countries in Asia, Europe, the Middle East and North America. She has been providing workshops and seminars to therapists, educators and parents for over thirty years. She is a faculty supervisor for government accredited psychotherapy training programmes in the Czech Republic and Slovakia. She has also led spiritual retreats for various groups of different religious faiths. Ms Maki-Banmen is presently an Assistant Director of Training of the Satir Institute of the Pacific (SIP) and was formerly a past president and member of the Board of Directors for SIP for many years. She is also a member of the International Family Therapy Association and the British Columbia Association of Clinical Counsellors. Ms Maki-Banmen is also presently in private practice in Delta, BC, Canada, working with individuals, couples and families in therapy and supervising counsellors.</p>

For Registration Visit www.christuniversity.in, pghod@psy.christuniversity.in

Fee: Rs 3000/- (includes lunch) ✳ **Limited Seats** ✳ Last Day for Registration is November 10, 2012